



01.03.2024 - 30.04.2025

### **SENSES**

### **SENSORY ART AS A TOOL FOR EMPOWERMENT OF** YOUNG PEOPLE WITH SENSORY DISABILITIES

**Presentation of Results and Impact Dissemination Event** 

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# Content

- The SENSES project
- **Partner organisations**
- **Project Results and Activities:** The SENSES label, art workshops, **International Sensory** Art Exhibition, mobility, local exhibitions
  - Learn more about the project

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### **The SENSES Project**

- The SENSES project aims to **support young** people with sensory disabilities by using sensory art as a tool for promoting selfexpression, reducing stigma, and increasing wellbeing.
- It also aims to **increase the accessibility** to art and cultural activities across Europe and to build capacity among youth workers to lead creative activities that are inclusive of people with sensory disabilities.

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To promote accessibility in youth centres and organisations across Europe working with arts and culture to support the participation of people with sensory disabilities through a certification with the SENSES Label.

To create real opportunities for young people with sensory disabilities through exhibitions of sensory art.

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Here and Now Bulgaria

ArteTeka

Bozyazı Kültür Sanat ve Müzik Derneği

Creatorium

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**Project Results** 

- Certification of youth centres and organisations working with art and culture across Europe
  - Engagement of more than 20 young people with sensory disabilities in sensory art and increasing their sense of connection with the EU community.
    - Creation of more than 40 artworks displayed during the exhibitions to raise awareness about sensory disability.













### **Project Results**

- The SENSES label certification: for organisations and individuals
- The SENSES Online Course
- **Sensory Art Workshops for Young People** with Sensory Disabilities
- **International and Local Exhibitions**
- **Mobility for Young People**









ABEL

SENSES

A mark of excellence for organisations and youth centres working in arts and culture that excel in inclusion of young people with sensory disabilities.

The SENSES label is designed to foster more accessible spaces and promote international networks of inclusive organisations across Europe.

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# Sensory Art in Youth Work

We created an online course for youth workers, to support them in becoming more inclusive of people with sensory disabilities in their work places.

The SENSES online course is open to all on <u>Google</u> <u>Classroom</u> and contains useful tips for activities and resources to use.

We developed an <u>individual certification</u> for those who completed the course, to recognise their commitment to inclusivity.

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### **Sensory Art Workshops**

We designed inclusive art workshops for young people with sensory disabilities, giving them a chance to explore sensory art safely and express themselves freely while having fun and experimenting with new art techniques and materials.

They created unique art pieces displayed in our international and local sensory art exhibitions.

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### **International Sensory Art Exhibition**

During the International Exhibition, young artists with sensory disabilities from Bulgaria, Ireland, Norway and Turkiye shared their incredible works, proving that art can be felt with all senses.

The Exhibition was held on the 27th and 28th of March 2025 in Sofia, Bulgaria.

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## **Our Mobility Experience in Bulgaria**

Filled with creativity, connection, and cultural exchange:

**Opening of the International Sensory Art Exhibition** 

- Icebreakers and teambuilding activities
- Learning International Sign Language
- Art activities
- **Exploring Sofia**
- Bulgarian traditional night: dancing, customs, and food

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Sensory Disabi





Final exhibitions were organised on the local level to share the unique talent of the young artists and spread information about sensory disabilities inclusion with more people across Europe.

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### Thank you!

The SENSES Project showed us that **art is not just** seen or heard - it is felt.

Through the creativity of young people with sensory disabilities across Europe, we witnessed how art can break barriers, change perceptions, and build true inclusion.

> Though this project comes to an end, our mission continues.

Thank you for being part of it!

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